



Shri Vaishnav Vidyapeeth Vishwavidyalaya, Indore

SVISSHA

M.A./M.Sc.- Clinical Psychology

| COURSE CODE | CATEGORY   | COURSE NAME                  | L | T | P | CREDITS | TEACHING & EVALUATION SCHEME |          |          |           |                  |
|-------------|------------|------------------------------|---|---|---|---------|------------------------------|----------|----------|-----------|------------------|
|             |            |                              |   |   |   |         | THEORY                       |          |          | PRACTICAL |                  |
|             |            |                              |   |   |   |         | END SEM                      | Two Term | Teachers | END SEM   | Teachers Assesim |
| MSCLPSY301  | Compulsory | Advanced Clinical Psychology | 4 | 0 | 2 | 5       | 60                           | 20       | 20       | 30        | 20               |

Legends: L - Lecture; T - Tutorial/Teacher Guided Student Activity; P – Practical; C - Credit; Q/A – Quiz/Assignment/Attendance, MST Mid Sem Test.

**Course Educational Objective (CEOs):** The students will be able to:

- Gain an understanding of the roles and functions of health psychologists;
- Understand environmental, psychological, and behavioral factors related to immune functioning, pain, illness and health;
- Understand the interdisciplinary bio-psycho social approach to health.
- Appreciate the role of prevention and comprehensive lifestyle change, especially with regard to exercise, diet, and stress management.

**Course Outcome (Cos):** The students should be able to:

- Explain realistic impact of a changing healthcare environment and evolving role of Clinical Psychology as a healthcare specialty.
- Explore applied side of Clinical and Health Psychology.
- Skilled for to provide clinical Interventions and health care.



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### MSCLPSY301

#### Advanced Clinical Psychology

#### Unit I

**Introduction:** Meaning and Nature of Clinical Psychology, Characteristics of Clinical Psychology, Brief History of Clinical Psychology, Scope and Functions of Clinical Psychology, Future of Clinical Psychology, Development of Clinical Psychology in India, Role of Clinical Psychologist in Different Fields.

#### Unit II

**Perspectives of Clinical Psychology:** Motivational Perspective, Structural Perspective, Developmental Perspective, Adaptational Perspective, Ecological Perspective, Biological Perspective.

**Models of Clinical Psychology:** Psychodynamic Model, Behavioral Model, Learning Theory Model, Phenomenological Model and Interpersonal Model.

#### Unit III

**Clinical Assessment:** Meaning and Nature of Clinical Assessment, Components of Clinical Assessment Process, Purpose of Clinical Assessment, Stages of Clinical Assessment.

**Techniques of Clinical Assessment:** Case Study Technique, Clinical Interview, Clinical Observation Technique,

#### Unit IV

**Test in Clinical Use:** Role of psychological test in psycho-diagnosis. Different tests in clinical use: WAIS, MMPI, TAT. Rorschach test

#### Unit V

**Clinical Intervention:** Course of Clinical Intervention, Methods of Evaluating Clinical Intervention, Problems Involved in Evaluation of Clinical Intervention

#### List of Practicals:

- MMPI
- TAT
- Rorschach
- Depression scale
- EPQ/ EPI
- 16 PF (any five factors)

**BATCH 2021-2023**



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**Recommended Readings:**

1. Korchin, S.J. (1976). Modern Clinical Psychology. CBS Publication, Delhi.
2. Weiner, I.B. (1974), Clinical Methods in Psychology.
3. Goldenbern. H. (1983). Contemporary Clinical Psychology (2nd Ed.) New York.
4. Wolman, B.B. (1978). Clinical Diagnosis of Mental Disorders : A Handbook. N.Y. Plenum.
5. Nietzel, M.T. Bernstein, D.A. & Misich, R (1998). Introduction of Clinical Psychology (5th Ed.). New Jersey : Prentice Hall.



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|-------------|------------|-----------------|---|---|---|---------|------------------------------|----------|----------|-----------|-----------------|
|             |            |                 |   |   |   |         | THEORY                       |          |          | PRACTICAL |                 |
|             |            |                 |   |   |   |         | END SEM                      | Two Term | Teachers | END SEM   | Teachers Assesm |
| MSCLPSY302  | Compulsory | Psychopathology | 4 | 0 | 2 | 5       | 60                           | 20       | 20       | 30        | 20              |

Legends: L - Lecture; T - Tutorial/Teacher Guided Student Activity; P – Practical; C - Credit;  
Q/A – Quiz/Assignment/ Attendance, MST Mid Sem Test.

**Course Educational Objectives (CEOs):** The student will be able to:

- Study the ethical and moral principles and concepts in the field of Psychopathology.
- Know the psychological and psychobiological principles of functioning of human as individual and groups, in the family, school, health and social spheres, from the centrality of the dynamics of the child's interaction with his/her environment from the perinatal period.

**Course Outcomes (COs):** The student should be able to:

- Apply the methods of evaluation, diagnosis and treatment in the field of psychopathology applicable from various professional and competency-based areas.



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## **MSCLPSY302**

### **Psychopathology**

#### **Unit I**

Classification systems in Psychopathology: ICD-10 and DSM-5; Approaches to Psychopathology: Biological, Psychodynamic, Behavioural, Cognitive, and Socio-cultural, Social Constructionist.

#### **Unit II**

Anxiety Disorders: Separation Anxiety disorder, Specific phobia, Panic disorder, Generalized Anxiety Disorder. Obsessive Compulsive Disorder.

#### **Unit III**

Trauma and Stress Related Disorders: PTSD, Dissociative Disorders: Dissociative Identity Disorders, Derealization Disorders.

#### **Unit IV**

Schizophrenia Spectrum and other Psychotic Disorders: Schizophrenia, Delusional Disorder, Brief Psychotic Disorder. Bipolar and Related Disorder: Bipolar I, & II, Cyclothymic Disorder. Depressive Disorder: Disruptive Mood Dysregularities, Major Depressive Disorder.

#### **Unit V**

Personality Disorders: Anti-social, Borderline, Avoidance, Dependent Personalities.

Eating and Sleep Disorders: Anorexia Nervosa, Bulimia Nervosa, Insomnia and Narcolepsy.

### **List of Practicals:**

- Problem Check List
- Fear Check
- Anorexia Test
- State-Trait Anxiety Scale
- Adjustment Scale

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**Recommended Readings**

- American Psychiatric Association (2013). *Diagnostic and statistical manual of mental disorders: DSM-5*. American Psychiatric Pub.
- Barlow, D. H. & Durand, V. M. (1999). *Abnormal psychology: An integrative approach* (2<sup>nd</sup> Ed). Pacific Grove: Brooks/Cole.
- Buss, A. H. (1999). *Psychopathology*. New York: John Wiley.
- Butcher, J.N. (2014). *Abnormal Psychology*. New Delhi: Pearson Education
- Carson, R. C., Butcher, J. N., & Mineka, S. (2001). *Abnormal psychology and modern life* (11<sup>th</sup> Ed.). New York. Allyn and Bacon
- Kaplan, H. J., & Sadock, B. J. (2004). *Synopsis of comprehensive textbook of psychiatry* (10<sup>th</sup> Ed.). Baltimore: Williams & Wilkins.



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|             |            |                 |   |   |   |         | THEORY                       |          |          | PRACTICAL |                 |
|             |            |                 |   |   |   |         | END SEM                      | Two Term | Teachers | END SEM   | Teachers Assesm |
| MSCLPSY303  | Compulsory | Neuropsychology | 4 | 0 | 0 | 4       | 60                           | 20       | 20       | 0         | 0               |

Legends: L - Lecture; T - Tutorial/Teacher Guided Student Activity; P –Practical; C - Credit;  
Q/A – Quiz/Assignment/Attendance, MST Mid Sem Test.

**Course Educational Objective (CEOs):** The students will be able to:

- Gain an understanding of the roles and functions of health psychologists;
- Understand Neuropsychology: Assumptions and methods.
- Understand Methods of investigations, Neuropsychological assessment, Neuropsychological Disorders

**Course Outcome (Cos):** The students should be able to:

- Understand realistic impact of a changing healthcare environment and evolving role of Neuropsychology
- Understand the role of rehabilitation psychologist in the field of disability rehabilitation.



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**MSCLPSY303  
Neuropsychology**

**UNIT-I**

Neuropsychology: Assumptions and methods. Functional modularity, anatomical, functional architecture, and Substantivity.

**UNIT -II**

Methods of investigations: Electrophysiological- Single cell recording, EEG and ERP; Scanning and imaging –CAT, PET, MRI and fMRI.

**UNIT-III**

Neuropsychological assessment: Neuropsychological Battery; Luria Nebraska Neuropsychological Battery, Halstead-Reitan Test Battery, PGI Battery of Brain Behaviour Dysfunction, AIIMS neuropsychological battery.

**UNIT-IV**

Neurodegenerative disorders: Parkinson's, Alzheimer, Huntington

**UNIT-V**

Deficits, Recovery, Adaptation and Rehabilitation: Neuropsychological deficits in stroke, head injury, tumors, epilepsy, Brain recognition and plasticity





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**Recommended Readings:**

- Gazzaniga, M. S. (2002). *Cognitive neuroscience: The biology of mind* (2<sup>nd</sup> Ed.). New York: W. W. Norton & Company.
- Kolb, B., Whisaw, I. Q. (1990). *Fundamentals of neuropsychology*. New York: Freeman, W.H.
- Naatanen, R. (1992). *Attention and brain function*. Hillsdale: LEA.
- Parsuraman, R. (1998 ). *Attentive brain*. London: MIT Press.
- Rapp, B. (Ed.) (2001). *The handbook of cognitive neuropsychology*. Chestnut Street: Psychology Press.



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|-------------------|-------------------|---------------------------|----------|----------|----------|----------|------------------------------|----------|----------|-----------|------------------|
|                   |                   |                           |          |          |          |          | THEORY                       |          |          | PRACTICAL |                  |
|                   |                   |                           |          |          |          |          | END SEM                      | Two Term | Teachers | END SEM   | Teachers Assessm |
| <b>MSCLPSY304</b> | <b>Compulsory</b> | <b>Research Project I</b> | <b>0</b> | <b>0</b> | <b>0</b> | <b>5</b> | <b>0</b>                     | <b>0</b> | <b>0</b> | <b>60</b> | <b>40</b>        |

Legends: L - Lecture; T - Tutorial/Teacher Guided Student Activity; P – Practical; C - Credit; Q/A – Quiz/Assignment/ Attendance, MST Mid Sem Test.

At the end of the semester the students who have opted for a Master degree have to submit a major research project in the subject they wish to obtain a Master degree. The objectives of the course are:

- To check the ability of students in terms of their writing
- To identify the problems of students' in developing their writing
- skills
- To gather the opinion of the teachers on their students' writing performance
- To improve the writing skills of students' by suggesting some remedial measures



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|             |            |             |   |   |   |         | THEORY                       |          |          | PRACTICAL |                 |
|             |            |             |   |   |   |         | END SEM                      | Two Term | Teachers | END SEM   | Teachers Assesm |
| MSCLPSY305  | Compulsory | Internship  | 0 | 0 | 8 | 4       | 0                            | 0        | 0        | 60        | 40              |

Legends: L - Lecture; T - Tutorial/Teacher Guided Student Activity; P –Practical; C - Credit; Q/A – Quiz/Assignment/Attendance, MST Mid Sem Test.

### MSCLPSY305

#### Internship

Each student would be placed in the field of their chosen specialization at least for 30 days during the summer vacations. The internship would be carried out under the joint supervision of a supervisor and faculty supervisor. Students would produce a documented evidence of their work.

**Internship Report:** Each student shall prepare a report on the basis of guidelines provided by the supervisors and submit the same to the supervisors for authentication and further evaluation.

\*\*The student will have to submit a detail report of internship program. The report should be written in American Psychological Association (APA) format.

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|-------------|------------|-------------------------|---|---|---|---------|------------------------------|----------|----------|-----------|------------------|
|             |            |                         |   |   |   |         | THEORY                       |          |          | PRACTICAL |                  |
|             |            |                         |   |   |   |         | END SEM                      | Two Term | Teachers | END SEM   | Teachers Assesim |
| MSCLPSY306  | Compulsory | Comprehensive Viva Voce | 0 | 0 | 0 | 5       | 0                            | 0        | 0        | 100       | 0                |

Legends: L - Lecture; T - Tutorial/Teacher Guided Student Activity; P –Practical; C - Credit;  
Q/A – Quiz/Assignment/Attendance, MST Mid Sem Test.

### MSCLPSY306 Comprehensive Viva Voce

Viva voce will be conducted towards the end of the semester which will be covering the complete syllabus. This will test the student's learning and understanding during the course of their post graduate programme. In doing so, the main objective of this course is to prepare the students to face interview both at the academic and the industrial sector.

**Course Educational Objectives (CEOs):** The students will be able to:

1. Provide an opportunity for students to apply theoretical concepts in real life situations.
2. Enable students to manage resources, work under deadlines, identify and carry out specific goal-oriented tasks.
3. The Paper will help to acquire speaking skills and capabilities to demonstrate the subject knowledge.

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**Course Outcomes (COs):** The students should be able to:

- Exhibit the strength and grip on the fundamentals of the subjects studied during the semester
- Comprehend for all the courses studied in the entire programme.